



Connecticut River
Conservancy

TRASH TALLY



Ocean
Conservancy®

Connecticut River Conservancy is proud to team up with Ocean Conservancy's International Coastal Cleanup, the world's largest volunteer effort to prevent the rising tide of marine debris that threatens human health, wildlife, communities and economies around the world. **Trash is entirely preventable, and data you collect are part of the solution.**

YOUR PART:



1 CLEAN UP TRASH & COLLECT DATA

OUR PART:



2 ORGANIZE & ANALYZE DATA



3 PUBLISH RESULTS



4 INFORM LOCAL LAWS
AND POLICY DECISIONS

YOUR NAME: _____

EMAIL: _____

CLEANUP GROUP NAME: _____

DATE OF CLEANUP: _____

MOST UNUSUAL ITEMS COLLECTED: _____

Type of Cleanup (choose one):



On Land (beach, shoreline or inland)



By Boat



Underwater

SITE INFORMATION:

Cleanup Site: _____

City: _____

State: _____

Waterbody: _____

Nearest Crossroad
or Landmark: _____

NUMBER OF VOLUNTEERS:

adults

youth

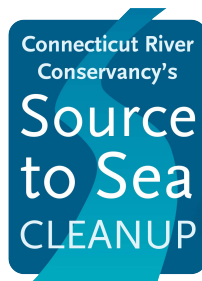
GO PAPERLESS!

Collect and record
your data on
Clean Swell!

Download the
free app on your
mobile device.



Updated 2024



What to do with your tally when you return home:

Input your data using Connecticut River Conservancy's online form:
<https://sourcetoseacleanup.org/trash-tally/>

If you are unable to do so, please email it to cleanup@ctriver.org
or mail to:
Connecticut River Conservancy
15 Bank Row
Greenfield, MA 01031
Attn: Source to Sea Cleanup

TRASH COLLECTED

Please pickup all trash and record all items you find below. No matter how small the items, the data you collect are important. Thank you!

EXAMPLE:

Plastic Bags:

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TOTAL #



= 8

Please DO NOT use words or check marks. Only **numbers** are useful data.

MOST LIKELY TO FIND ITEMS:



Grocery bags (plastic):	=
Other bags (plastic):	=
Beverage containers (glass):	=
Beverage containers (plastic):	=
Beverage containers (cans):	=
Beverage sachets/pouches:	=
Bottle caps (metal):	=
Bottle caps (plastic):	=
Cigarette butts:	=

Cups, plates (foam):	=
Cups, plates (paper):	=
Cups, plates (plastic):	=
Food containers (foam):	=
Food containers (plastic):	=
Food wrappers (candy, chips, etc.):	=
Lids (plastic):	=
Straws/stirrers (plastic):	=
Utensils (plastic):	=

FISHING & BOATING:

TOTAL #



Fishing gear (ie: bait containers, line, nets, traps, rope, etc):	=
Foam dock pieces: ESTIMATE WITH CHART BELOW	=

PACKAGING MATERIAL:

6-pack holders:	=
Foam packaging (ie: peanuts): ESTIMATE WITH CHART BELOW	=
Other plastic bottles (oil, bleach, etc.):	=
Strapping bands:	=

PERSONAL HYGIENE:

TOTAL #



Condoms:	=
Cotton bud sticks (swabs):	=
Diapers:	=
Gloves & masks (PPE):	=
Sharps/Needles/Syringes:	=
Tampons & applicators:	=

OTHER ITEMS OF CONCERN:

TOTAL #



Automotive waste (not tires):	=
Bags of dumped trash:	=
Mattresses:	=
Nips (mini alcohol bottles):	=
Paint/spray cans:	=

ILLEGAL DUMPING:

TOTAL #



Appliances:	=
Construction materials:	=
Tires:	=

MISCELLANEOUS DEBRIS:

TOTAL #



Balloons:	=
Clothing:	=
E-cigarettes:	=
Electronic waste (phones, batteries):	=
Footwear (shoes/slippers):	=
Paper bags:	=
Scrap metal (PLEASE ESTIMATE IN POUNDS):	=
Toys:	=
Other tobacco products (lighters, cigar tips, wrap):	=
Other trash (PLEASE LIST HERE):	=

TINY TRASH LESS THAN 1 INCH:

TOTAL #



Plastic/foam pieces: ESTIMATE WITH CHART BELOW	=
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Fits in a:

Sandwich bag = 560
Kitchen bag = 4,200
Large Trash bag = 88,000

DEAD/INJURED ANIMAL:

Type of animal:	
Status: dead/injured	Entangled: yes/no
Type of entanglement item:	

CLEANUP SUMMARY

Number of Trash Bags Filled:		Weight of Trash Collected:	lbs	Distance Cleaned:	miles	How long was Cleanup:	hours
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